



## **Who we are**

'What Not To Grow' was established in April 2003. It is a Northern Ireland based consultancy that's about:

- Promoting the value of green spaces to people and communities, especially where space is contested;
- Working with people to create softer, better planned neighbourhoods;
- Recognising that the environment in which we live cannot be separated from our health and well being, opportunities for education and play and relationships with people around us;
- Finding solutions to deliver real change in disadvantaged communities;
- Building active citizenship and community confidence.

## **Team Building Programmes using the local environment**

### ***Why do it?***

- To support the development of relationships, creating opportunities for people to shape the places where they live and work;
- There are pressures on new and emerging Partnerships to deliver before people have a chance to get to know each other. We can help to build trust while participants demonstrate a commitment to the renewal process;
- Team Building is an important part of organisational development. This approach is fun, makes the most of everyone's individual skills and leads to visible results.

### ***How does it work?***

A range of options can be provided to transform relationships and places. These may be delivered as 'stand alone' elements over one or two days, or be part of a lengthier programme linked to a community garden or environmental improvement scheme. The content will depend on the time available and the issues that need to be addressed. This is not just a 'Groundforce' style event, but an opportunity for participants to get to know each other better, work in different roles and enjoy creative outdoor tasks.

During the event, each team works on a particular project to enhance a garden or public space. In an organisational setting, that might mean providing places for people to sit and relax, a wildlife area or an outdoor classroom for group work. For public spaces, it might be about enhancing the environment by clearing and improving derelict sites in local neighbourhoods.

### ***Who will benefit?***

- Partnerships for Regeneration & Community Empowerment;
- Staff Teams;
- Management Committees;
- Funding organisations and statutory agencies committed to community development;
- Community groups working in interface areas;
- Businesses that want team building while demonstrating their commitment to a local community or charity.

### ***What does it cost?***

The cost depends on the needs of individual groups and the nature of the process that is developed. For example, a two-day event utilising a local community venue would cost from £2500, inclusive of a budget for plants and materials.

### ***To find out more***

Please contact us on + 44 28 9754 2944 or email [info@whatnottogrow.com](mailto:info@whatnottogrow.com) and we'll be happy to talk about your particular needs.



WAVE Trauma Centre  
– Team Building event (May 2006)